## As responsible and proactive organisations, we recognise the critical role that information sharing plays in improving mental health outcomes for individuals.

"We pledge to work with partners to put trauma informed and responsive information sharing practice in place across our workforce, services and partnerships.

We will share information for the purposes of requesting specific specialist support that wherever possible is actively informed by people we are supporting.

We will recognise the central importance of relationships that offer collaboration, choice, empowerment, safety and trust as part of a trauma informed approach.

We will share information in ways that prevent further harm, and that reduce barriers so that people experiencing struggles with their mental health have equal access to the services they need, when they need it, to support their own journey of recovery. "

## To this end, we jointly pledge to:

- 1. Adopt the Quality Guidelines supporting sharing of information for the purposes of seeking additional specific support: Implement and adhere to the Quality Guidelines in information sharing, ensuring that all data exchanges are conducted securely and efficiently.
- Confidentiality and Privacy: Respect and uphold the confidentiality and privacy of individuals' mental health information, ensuring that data is shared only with authorised parties and in compliance with relevant laws and regulations.
- Standardised Protocols: Implement and utilise the Quality Guidelines for information sharing to ensure consistency, clarity, and effectiveness across all our organisations.
- 4. Training and Education: Provide ongoing training and education to staff on the importance of information sharing, the quality guidelines to be followed, and the ethical considerations involved.
- 5. Collaboration and Communication: Foster a culture of collaboration and open communication among our organisations, encouraging the exchange of information for the purposes of ensuring people receive the right support at the right time to improve their mental health and improve their experiences of seeking and receiving support.
- 6. Monitoring and Evaluation: Regularly monitor and evaluate informationsharing processes to identify areas for improvement and ensure that the quality guidelines are being effectively implemented.
- 7. Feedback Mechanisms: proactively contribute to feedback mechanisms to improve the quality guidelines, refine information sharing practices and identify gaps in local support.
- Commitment to Improvement: Stay committed to continuous improvement in our information-sharing practices, recognising that effective collaboration is key to enhancing mental health support for all.

| By honouring this pledge, we aim to create a network of support th | hat |
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| prioritises individuals' mental health and well-being through the  |     |
| responsible and effective sharing of information.                  |     |

Signed

[Your Organisations' Names























