



CAN YOU HELP US BRING GOOD MENTAL HEALTH TO PRIMARY SCHOOL CHILDREN THIS CHRISTMAS?

Buddy, our mental elf, needs you to help him spread some Christmas cheer.

Sadly 1 in 4 local children are suffering from poor mental health and we want to reach as many young people as possible this winter.

How can you help?

We need local businesses to help us host our mental elf run in as many local schools as possible.

For just £250 you can sponsor a school, enabling us to:

- stage the run
- gift every child a pair of antlers for the run
- award each child a certificate complete with wellbeing tips
- deliver a mental health and wellbeing assembly.



Speak to us about event volunteering opportunities too!

In aid of
 **Mind Teesside**



What will you get?

For every school you sponsor you'll get:

- your logo and a link to your business/service on our website
- use of our charity associate logo to use on your website
- tags in all social media posts leading up to the elf run, in stories on the day and in the post event activity
- signage at the event with your logo
- a certificate acknowledging your support
- the chance to attend the mental health and wellbeing assembly at your chosen school.

**Last year, Buddy ran with
4,873 children across
16 local schools.**

**Our team delivered
emotional wellbeing and
resilience assemblies to
5,286 children.**



What to do next

Reach out to Claire on 01642 257020 to find out more and be matched with a school, or email below:

fundraising@teessidemind.org.uk

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