

# SPONSOR A SCHOOL WELLBEING ASSEMBLY?

## Did you know 1 in 4 local children are struggling with their mental health?

Some are suffering from depression or anxiety, others have low self esteem or more complex emotional needs.

Our dedicated children and young people's team is currently supporting over 900 local children, but so many more need our help.

To reach as many children and young people as possible, we're delivering wellbeing assemblies to schools across Teesside and we need your help.

## Why are the assemblies important?

Teaching children about mental health and why it's important to take care of it, is crucial if we want our young people to grow up emotionally resilient and strong.



## How can you help?

For just £125 we'd match you with a school and deliver a whole school assembly. Your sponsorship will not only cover the costs of our practitioner being there but the creation of wellbeing school resources.

What's more, you can sponsor as many assemblies as you like.

### As a sponsor you'd receive:

- Your logo and link to your business from our website
- Tags on all social media posts
- The chance to attend your school's assembly
- The use of our logo on your website
- A thank you certificate acknowledging your support

## What to do next

To find out more or be matched with a school call Claire or Hannah on 01642 257020 or email

**[fundraising@teessidemind.org.uk](mailto:fundraising@teessidemind.org.uk)**



In aid of  
 **mind** Teesside